

Enhanced Table of Specifications

Board of Nursing  
Subject: Nursing Practice I– Care of Individuals, Families, Population Groups and Community (Community Health Nursing)  
Weight: Part A- 80%  
Part B- 20%

PQF Level: 6				Easy Moderate Difficult					
Bloom's Taxonomy				Remembering	Understanding	Applying	Analyzing	Evaluating	Creating
Topics and Competencies	Content	Weight	No. of Item						
Part A- Application of program outcomes (1 and 2) will be embedded/ integrated in situations in community setting where the examinee can perform patient care competencies focusing on providing safe quality care to individuals, families, population groups and the community.		80%	80						
I. Care of Individuals in Community Setting (Use of the Nursing Process a framework of care : Assessment, Nursing diagnosis/es, Planning, Evaluation of Patient Outcomes)		20%	20	2	2	10	2	2	2
1. Apply knowledge of physical, social, natural and health sciences and humanities in the practice of nursing.	A. Care of Clients with Non- Communicable Diseases (Risks factors; Prevention and control		10	1	1	5	1	1	1
2. Perform safe, appropriate, and holistic care to individuals utilizing the nursing process.	B. Care of Clients with Communicable Diseases (CDs) Control, Eradication and Elimination Of Communicable Diseases		10	1	1	5	1	1	1



II. Care of families in the community using the Nursing process as framework of care 9 (assessment, diagnosis, planning, intervention and evaluation)

20%

20

2

2

10

2

2

2

A. Care of Normal Families

10

1

1

5

1

1

1

B. Care of families at risk

10

1

1

5

1

1

1



III. Care of Population groups in community setting utilizing the nursing process as framework of care (assessment, diagnosis planning, intervention and evaluation)		20 %	20	2	2	10	2	2	2
	A. Care of population groups with other health priorities		20	2	2	10	2	2	2



<p>IV . Care of the community utilizing the nursing process as framework of care ( assessment, diagnosis, planning, intervention and evaluation)</p>	<hr/> <p>A. Philippine health care delivery system, Department of health  B. Universal Health Care, Sustainable Development goals  C. Primary Health care, Primary care  D. Community Assessment, Community diagnosis, planning, intervention and evaluation  E. Epidemiology, Vital Statistics, Demography  F. Care of Community during Disaster  G. School Nursing, Occupational Health and safety Nursing  H. Community Organizing- Participatory Action research  I. Recording and Reporting and Information Technology Community Setting  J. Referral system</p>	<p>20%</p>	<p>20</p>	<p>2</p>	<p>2</p>	<p>10</p>	<p>2</p>	<p>2</p>	<p>2</p>
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B. Application of the following Program Outcomes (3-10) will be embedded/ integrated into the clinical situations on the 3 major subject areas where deemed most appropriate (focus on Health Education and Research) in the care of individuals, families, population groups and community in practice setting.		20%	20	2	2	10	2	2	2
3. Apply guidelines and principles of evidence-based practice in the delivery of care.	A. Health education in the care of individuals, families, population groups and community		10	1	1	5	1	1	1
4. Practice nursing in accordance with existing laws, legal, ethical, and moral principles.	B. Utilization of Research in the care of individuals, families, population groups and community		10	1	1	5	1	1	1
5. Communicate effectively in speaking, writing and presenting using culturally appropriate language.									
6. Report/ document client care accurately and comprehensively.									
7. Collaborate effectively with inter-, intra-, and multi-disciplinary and multi-cultural teams.									
8. Practice beginning management and leadership skills.									
9. Apply techno-intelligent care Systems in health care delivery.									
10. Uphold the nursing core values in the practice of the profession.									
<b>Total</b>			<b>100</b>	<b>10</b>	<b>10</b>	<b>50</b>	<b>10</b>	<b>10</b>	<b>10</b>

**Legend:**

Part A- .8(80) x 100=80

Part B- .2(20) x 100=20

**TOTAL 100 items**



Professional Regulatory Board of Nursing

**Subject:**  
Part 1 - NP II – Care of Mother, Adolescent (Well Clients), At Risk or With Problems (Acute & Chronic)  
Part 2 - NP II – Human Growth and Development  
- Care of Neonate, Infant, Toddler, Pre-school, School-age Child and Adolescent (Well-Clients)  
- Care of At-Risk Neonate, Infant, Toddler, Pre-school, School-age Sick Child, and Adolescent with Alterations in Health Status (Acute & Chronic)

PQF Level: 6				EASY MODERATE DIFFICULT					
Bloom's Taxonomy				Remembering	Understanding	Applying	Analyzing	Evaluating	Creating
Topics and Competencies	Content	Weight	No. of Items						
The examinees can perform the following competencies under each topic:									

Part A. Care of Mother, Adolescent (Well- Clients), at Risk or with Problems (Acute or Chronic)  Care of Patients with above- stated disorders/ conditions (Use of the Nursing Process as framework of care: Assessment, Nursing diagnosis/es, Planning, Evaluation of Patient Outcomes)									
Apply knowledge of physical, social, natural and health sciences and humanities in the practice of caring mother before birth, during labor and delivery and immediately after delivery.  Perform safe, appropriate, and holistic care to individuals utilizing the nursing process applicable to caring of mother before birth, during labor and delivery, and immediately after delivery.	<b>Care of Mother Before Birth</b> *Normal Pregnancy - Signs -Length -Trimesters -Hygiene -Physiologic Adaptations *Emotional/Psycho Social Adaptations *Dimensions of Maternal Development *Discomfort of Pregnancy and Relief Measures *Prenatal Management *Major Goals of Comprehensive Prenatal Assessment and Evaluation *Other Concepts Related Before Birth	8%	8	1	1	2	2	1	1

<p>Apply guidelines and principles of evidence-based practice in the delivery of care.</p> <p>Communicate effectively in speaking, writing and presenting using culturally appropriate language.</p> <p>Report/ document client care accurately and comprehensively.</p>	<p><b>Care of Mother During Labor and Birth</b></p> <p>*Theories of Labor *Signs of Labor</p> <p>-Premonitory</p> <p>-True</p> <p>-False</p> <p>*Physiologic Alterations in Labor</p> <p>*Components of Labor Process (5P's)</p> <p>*Stages of Labor</p> <p>*Duration of Labor</p> <p>*Labor Concerns</p> <p>-Partograph</p> <p>-Leopold's Maneuver</p> <p>*Cardinal Movements of Fetus During Labor</p> <p>*Natural Childbirth</p> <p>*Psychoprophylaxis</p> <p>*Essential Newborn Care</p> <p>*Other Concepts During Labor and Birth</p>	8%	8	1	1	2	2	1	1
<p>Collaborate effectively with inter-, intra-, and multi-disciplinary and multi-cultural teams.</p>	<p><b>*Care of Mother Following Birth</b></p> <p>- Normal Puerperium</p> <p>- Physiological Changes</p> <p>-Psychological Support</p> <p>-Nursing Care in Early Puerperal Period</p> <p>*Essential Objectives of</p>	8%	8	1	1	2	2	1	1

	<p>Nursing</p> <p>- Care in the Puerperium</p> <p>- Family Planning Methods</p> <p>- Natural</p> <p>- Temporary</p> <p>- Permanent</p> <p>*Other Concepts Following Births</p>								
<p>Apply knowledge of physical, social, natural and health sciences and humanities in the practice of caring mother with complications before birth, during labor and delivery and immediately after delivery.</p> <p>Perform safe, appropriate, and holistic care to individuals utilizing the nursing process applicable to caring of mother with complications before birth, during labor and delivery, and immediately after delivery.</p> <p>Apply guidelines and principles of evidence-based practice in the care of mother with complications during pregnancy, labor and birth and immediate care after delivery.</p>	<p><b>*Care of Mother with Complications of Childbearing</b></p> <p>-During Pregnancy</p> <p>-Risk Factors</p> <p>-Diagnostic Tests</p> <p>* Complications of Pregnancy</p> <p>-Pregnancy</p> <p>-Induced Hypertension</p> <p>-Gestational Diabetes</p> <p>-Hyperemesis Gravidarum</p> <p>- Placenta Previa Abortion</p> <p>- Abruptio Placenta</p> <p>- Iron Deficiency Anemia</p> <p>- Folic Acid Deficiency</p> <p>* Pre and Co-existing Diseases of Pregnancy</p> <p>-Management of High-Risk Conditions</p> <p>-Government Programs</p> <p>-BEmONC and CEmONC</p>	8%	8	1	1	2	2	1	1

<p>Communicate effectively in speaking, writing and presenting using culturally appropriate language.</p> <p>Report/ document client care accurately and comprehensively.</p> <p>Collaborate effectively with inter-, intra-, and multi-disciplinary and multi-cultural teams.</p>	<p><b>*During Labor</b></p> <ul style="list-style-type: none"> <li>-Preterm</li> <li>-Precipitate</li> <li>-Dystocia</li> <li>-Preterm PROM</li> <li>-Uterine Rupture</li> <li>-Fetal Distress</li> <li>-IUFD</li> <li>-Dystocia</li> <li>-Hemorrhage</li> <li>-Cord Prolapse</li> <li>-Premature Delivery</li> <li>-Vena Caval Syndrome</li> <li>-Amniotic Fluid Embolism</li> <li>-Operative Obstetric Analgesia/Anesthesia in Labor</li> </ul> <p><b>*Postpartum</b></p> <ul style="list-style-type: none"> <li>Hemorrhage</li> <li>Puerperal Sepsis</li> <li>Mastitis</li> <li>Thrombophlebitis</li> <li>Cystitis</li> <li>Uterine Prolapse</li> <li>Postpartal Psychosis</li> <li>Paternal Postpartal Depression</li> <li>Reproductive Loss and Grieving</li> </ul>								
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	<p><b>*Other Concepts Related to Complications During Antepartum, Intrapartum and Postpartum</b></p>								
<p>Communicate effectively in speaking, writing and presenting using culturally appropriate language.</p> <p>Report/ document client care accurately and comprehensively.</p> <p>Collaborate effectively with inter-, intra-, and multi-disciplinary and multi-cultural teams.</p>	<p><b>Care of Male and Female with Problems on Reproductive Health</b></p> <p><b>*The Menstrual Cycle</b></p> <p><b>*Fertilization</b></p> <ul style="list-style-type: none"> <li>- Genetic Disorders</li> <li>- Fertility Assessment</li> </ul> <p><b>* Alternative to Childbirth</b></p> <p><b>Other Concepts Related to Reproductive Health 5</b></p>	8%	8	1	1	2	2	1	1
<p>Practice nursing in accordance with existing laws, legal, ethical, and moral principles applicable to mothers.</p> <p>Practice beginning management and leadership skills.</p>	<p>Ethico-moral</p> <p>Management of Resources</p>	10%	10	2	2	2	2	1	1
<b>PART A TOTAL</b>		<b>50%</b>	<b>50</b>	<b>7</b>	<b>7</b>	<b>12</b>	<b>12</b>	<b>6</b>	<b>6</b>



<b>Part B - NP II – Human Growth and Development, Care of Neonate, Infant, Toddler, Pre-school, School-age, Child and Adolescent (Well-Clients) and Care of At-Risk Neonate, Infant, Toddler, Pre-school, School-age Sick Child, and Adolescent with Alterations in Health Status (Acute &amp; Chronic).</b>									
Apply knowledge of physical, social, natural and health sciences and humanities in human growth and development.	<b>Human Growth and Development</b> Theories of Growth and Development Freud, Piaget, Bandura, Erikson, and Bowlby.	10%	10	2	2	2	2	1	1
Perform safe, appropriate, and holistic care to individuals utilizing the nursing process applicable to caring of Neonate, Infant, Toddler, Pre-school, School-age, Child and Adolescent (Well-Clients)  Apply guidelines and principles of evidence-based practice in the delivery of care.  Communicate effectively in speaking, writing and	<b>Care of Neonate, Infant, Toddler, Pre-school, School-age, Child and Adolescent (Well-Clients)</b>  Health Promotion, Disease Prevention, Restoration, And Maintenance, Rehabilitation, Safety, Communication, and Immunization.	15%	15	2	2	4	5	1	1

presenting using culturally appropriate language.  Report/ document client care accurately and comprehensively.  Collaborate effectively with inter-, intra-, and multi-disciplinary and multi-cultural teams.									
Apply knowledge of physical, social, natural and health sciences and humanities in the practice of caring of At Risk and Sick Child, and Adolescent with Alterations in Health Status (Acute & Chronic)  Perform safe, appropriate, and holistic care to individuals utilizing the nursing process applicable to caring of At Risk and Sick Child, and Adolescent with Alterations in Health Status (Acute & Chronic)  Apply guidelines and principles of evidence-based practice in the care of At Risk and Sick Child, and Adolescent with Alterations in Health Status (Acute & Chronic)	<b>Care of At-Risk Neonate, Infant, Toddler, Pre-school, School-age Sick Child, and Adolescent with Alterations in Health Status (Acute &amp; Chronic)</b>  <b>1. Neonatal/ Infancy Stage</b> <b>a. Neonatal Conditions</b> Prematurity, post maturity, Small for Gestational Age (SGA), Large for Gestational Age (LGA), Hyperbilirubinemia, meconium aspiration syndrome, fetal Alcohol syndrome, sepsis <b>b. Congenital Anomalies</b> (Autism Spectrum Disorder (ASD), Ventricular Septal Defect (VSD), Tetralogy of Fallot (TOF), Clubfoot, Cleft Lip/Palate, Imperforate Anus, Hirschsprung Disease, Hydrocephalus)  <b>2. Toddler</b>	15%	15	2	2	4	4	2	1



<p>Communicate effectively in speaking, writing and presenting using culturally appropriate language.</p> <p>Report/ document client care accurately and comprehensively.</p> <p>Collaborate effectively with inter-, intra-, and multi-disciplinary and multi-cultural teams.</p>	<p>Poisoning, Cerebral Palsy, Child Abuse</p> <p><b>4.Pre-school</b> (Acute Lymphocytic Leukemia, Hemophilia, Wilms's Tumor, Asthma)</p> <p><b>5. School-age</b> (Diabetes Mellitus 1, Rheumatic Fever, Dengue Fever/Dengue Hemorrhagic Fever)</p> <p><b>6. Adolescent</b> Sexually Transmitted Diseases (STD) associated with higher cancer risk (Human Papillomavirus HPV) , Anxiety and Depression</p>								
<p>Practice nursing in accordance with existing laws, legal, ethical, and moral principles applicable to Neonate, Infant, Toddler, Pre-school, School-age, Child and Adolescent .</p> <p>Practice beginning management and leadership skills.</p>	Legal Collaboration and Teamwork.	10%	10	2	2	2	2	1	1
<b>PART B TOTAL</b>		50%	50	8	8	12	13	5	4
<b>PART A</b>		50%	50	7	7	12	12	6	6
<b>PART B</b>		50%	50	8	8	12	13	5	4
<b>TOTAL</b>		100%	100	15	15	24	25	11	10



Enhanced Table of Specifications

Board of: Nursing  
Subject: Nursing Practice III– Care of Clients with Problems in Surgery, Oxygenation, Fluid and Electrolytes, Infectious, Inflammatory and Immunologic Response, Cellular Aberrations (Acute and Chronic)  
Weight: Part A - 80 %  
Part B - 20 %

PQF Level: 6				Easy Moderate Difficult					
Bloom's Taxonomy				Remembering	Understanding	Applying	Analyzing	Evaluating	Creating
Topics and Competencies	Content	Weight	No. of Item						
The examinee can perform the following competencies under each topic:									
A. Safe Patient Care Competencies		80%	80	8	16	40	12	4	
1. Apply knowledge of physical, social, natural and health sciences and humanities in the practice of nursing.	A. Care of patients undergoing Surgery 1. Pre-operative 2. Intra-operative 3. Post-operative	10%	10	1	2	5	2		
2. Perform safe, appropriate, and holistic care to individuals, families, population groups and community utilizing nursing process	B. Care of patients with problems in Oxygenation 1. Lower Airways 1.1 Ventilation disorders 1.2 Gas-exchange disorders 1.3 Perfusion disorders 2. Upper Airways 3. Perfusion problems	20%	20	2	4	10	3	1	
	C. Care of patients with problems in Fluids and Electrolytes and Acid-Base Balance 1. Fluid and electrolyte imbalances 1.1 Dehydration 1.2 Cellular dehydration	20%	20	2	4	10	3	1	



	<ul style="list-style-type: none"> <li>1.3 Sodium/potassium imbalances</li> <li>1.4 others</li> </ul>								
	<ul style="list-style-type: none"> <li>2. Acid-base imbalances               <ul style="list-style-type: none"> <li>2.1 Regulation of acid-base balance</li> <li>2.2 Analysis of arterial blood gases</li> <li>2.3 Disorders                   <ul style="list-style-type: none"> <li>-respiratory acidosis and alkalosis</li> <li>-metabolic acidosis and alkalosis</li> </ul> </li> </ul> </li> <li>3. Urinary elimination imbalances</li> </ul>	16%	16	2	3	8	2	1	
	D. Care of patients with infectious, inflammatory, and immunologic disorders <ul style="list-style-type: none"> <li>1. Infectious               <ul style="list-style-type: none"> <li>1.1 Hepatitis</li> <li>1.2 HIV-AIDS</li> <li>1.3 Covid</li> <li>1.4 STDs</li> </ul> </li> <li>2. Inflammatory               <ul style="list-style-type: none"> <li>2.1 Guillain-Barre</li> <li>2.2 Crohn's disease</li> <li>2.3 Ulcerative colitis</li> <li>2.4 Others</li> </ul> </li> <li>3. Immunologic               <ul style="list-style-type: none"> <li>3.1 Allergy- anaphylactic shock</li> <li>3.2 Systemic lupus erythematosus</li> <li>3.3 Multiple sclerosis</li> <li>3.4 Acute glomerulonephritis</li> <li>3.5 Transplant rejection</li> <li>3.6 Others</li> </ul> </li> </ul>	14 %	14	1	3	7	2	1	
	E. Care of patients with cellular aberrations <ul style="list-style-type: none"> <li>1. Reproductive tract – breast, uterus, prostate, etc</li> <li>2. Blood- ALL, AML</li> <li>3. Respiratory – lungs</li> <li>4. GIT – liver, colon</li> <li>5. Others</li> </ul>								
<b>B. Enhancing, Empowering, Enabling Concepts</b>		20	20	2	4	10	2	2	



3. Apply guidelines and principles of evidence-based practice in the delivery of care	A. Health Education 1. Disease process 2. Diet 3. Medications 4. Exercise 5. Others	10	10	1	2	5	1	1	
10. Uphold the nursing core values in the practice of the profession	A. Quality Improvement 1. Medications 2. Staffing 3. Falls 4. Research 5. Policies and procedures 6. Others	10	10	1	2	5	1	1	
Total		100	100	10	20	50	14	6	

Legend:

Part A- .8(80) x 100=80

Part B- .2(20) x 100=20

TOTAL 100 items



### Enhanced Table of Specifications

Professional Regulatory Board of Nursing

Subject: Nursing Practice IV - Care of Client with Problems in Nutrition, and Gastro-Intestinal, Metabolism and Endocrine, Perception and Coordination (Acute and Chronic)

Weight: Part A - 80%  
Part B - 20%

PQF Level: 6

				EASY MODERATE DIFFICULT					
Bloom's Taxonomy				Remembering	Understanding	Applying	Analyzing	Evaluating	Creating
Topics and Competencies	Content	Wgt	No. of Item						
Part A Application of Program Outcomes (PO) 1 and 2 will be embedded/integrated in situations in A. Nutrition and Gastrointestinal B. Metabolism and Endocrine C. Perception and Coordination where the examinees can perform competencies focusing on providing safe quality care to clients with Chronic and Acute conditions.		80%	80						
A. Care of Clients with Nutrition and Gastro-intestinal Disorders (Use the Nursing process as a Framework of Care, Assessment, Nursing Diagnosis, Planning and Evaluation of patient outcomes.	A. Nutrition and Gastro-Intestinal Disturbances	25%	25	2	2	9	8	3	1
PO 1. Apply knowledge of physical, social, natural and health sciences and humanities in the practice of nursing.	1. <b>Malnutrition (Obesity, etc.)</b> 2. <b>Oral and Esophageal Disorder</b> 3. <b>Absorption and Elimination</b> 3.1 Intestinal Mobility 3.2 Malabsorption Syndrome 3.3 Structural & Obstructive Bowel Disorders	5%	5	1	1	1	1	1	
PO 2. Perform safe, appropriate and holistic care to individuals utilizing the nursing process.	1. <b>Malnutrition (Obesity, etc.)</b> 2. <b>Oral and Esophageal Disorder</b> 3. <b>Absorption and Elimination</b> 3.1 Intestinal Mobility 3.2 Malabsorption Syndrome 3.3 Structural & Obstructive Bowel Disorders	20%	20	1	1	8	7	2	1
B. Care of Clients with Metabolic and Endocrine Disorders (Use the Nursing Process as a Framework of Care, Assessment, Nursing Diagnoses, Planning and Evaluation)	B. Metabolism and Endocrine	25%	25	2	2	9	8	3	1



PO 1. Apply knowledge of physical, social, natural and health sciences and humanities in the practice of nursing.	<b>1. Metabolic Disorders affecting the:</b> 1.1 Liver 1.2 Biliary tract 1.3 Pancreas (Diabetes Mellitus) <b>2. Endocrine Disorders</b> 2.1 Hypo-function (thyroid glands, parathyroids, adrenal glands, pituitary glands) 2.2 Hyper-function (thyroid glands, parathyroids, adrenal glands, pituitary glands)	5%	5	1	1	1	1	1	
PO 2. Perform safe, appropriate and holistic care to individuals utilizing the nursing process.	<b>1. Metabolic Disorders affecting the:</b> 1.1 Liver 1.2 Biliary tract 1.3 Pancreas (Diabetes Mellitus) <b>2. Endocrine Disorders</b> 2.1 Hypo-function (thyroid glands, parathyroids, adrenal glands, pituitary glands) 2.2 Hyper-function (thyroid glands, parathyroids, adrenal glands, pituitary glands)	20%	20	1	1	8	7	2	1
C. Care of Clients with Perception and Coordination Disorders (Use the nursing as a Framework of care, Assessment, Nursing Diagnoses, Planning and Evaluation)	C. Perception and Coordination Disturbances	30%	30	2	2	11	11	3	1
PO 1. Apply knowledge of physical, social, natural and health sciences and humanities in the practice of nursing.	<b>1. Neurologic</b> 1.1 Degenerative (Multiple Sclerosis, Parkinson's Disease, Myasthenia gravis) 1.2 Cerebrovascular accidents 1.3 Alzheimer disease and Dementia 1.4 Traumatic Lesions 1.5 Neuropathies 1.6 Peripheral Nerve and Spinal Cord diseases <b>2. Musculo-skeletal dysfunction</b> 2.1 Musculo-skeletal Trauma 2.2 Metabolic Bone Disorders 2.3 Musculoskeletal Infections 2.4 Occupation-related Musculo- disorders 2.5 Musculo-skeletal modalities: Cast, Splints and Braces <b>3. Vision Disorders</b> 3.1 Impaired Vision (Cataract, Glaucoma, retinal detachment) 3.2 Ocular and Orbital Trauma 3.3 Infections and Inflammatory Conditions 3.4 Consequences of Systemic diseases <b>4. Hearing and Balance Disorders</b> 4.1 Conditions of External Ear, Middle Ear, Inner Ear	5%	5	1	1	1	1	1	



PO 2. Perform safe, appropriate and holistic care to individuals utilizing the nursing process.	<b>1. Neurologic</b> 1.1 Degenerative (Multiple Sclerosis, Parkinson's Disease, Myasthenia gravis) 1.2 Cerebrovascular accidents 1.3 Alzheimer disease and Dementia 1.4 Traumatic Lesions 1.5 Neuropathies 1.6 Peripheral Nerve and Spinal Cord diseases <b>2. Musculo-skeletal dysfunction</b> 2.1 Musculo-skeletal Trauma 2.2 Metabolic Bone Disorders 2.3 Musculoskeletal Infections 2.4 Occupation-related Musculo- disorders 2.5 Musculo-skeletal modalities: Cast, Splints and Braces <b>3. Vision Disorders</b> 3.1 Impaired Vision (Cataract, Glaucoma, retinal detachment) 3.2 Ocular and Orbital Trauma 3.3 Infections and Inflammatory Conditions 3.4 Consequences of Systemic diseases <b>4. Hearing and Balance Disorders</b> 4.1 Conditions of External Ear, Middle Ear, Inner Ear	25%	25	1	1	10	10	2	1
Part B D. Program Outcomes No. 3-10		20%	20	4	4	4	4	4	
	A. Health Education	5%	5	1	1	1	1	1	
	B. Collaboration and Teamwork	5%	5	1	1	1	1	1	
	C. Reporting and Recording	5%	5	1	1	1	1	1	
	D. Personal and Professional Development	5%	5	1	1	1	1	1	
<b>Total</b>		<b>100%</b>	<b>100</b>	<b>10</b>	<b>10</b>	<b>33</b>	<b>31</b>	<b>13</b>	<b>3</b>



Enhanced Table of Specifications

Board of Nursing  
 Subject: Nursing Practice V– Care of Clients with Maladaptive Patterns of Behavior (Acute and Chronic);  
Care of Clients with Life-Threatening Condition, Acutely Ill/Multi-Organ Problems, High Acuity and Emergency Situation  
 Weight: Part A: 80 ;  
 Part B: 20 (place the Formula)

PQF Level: 6				Easy Moderate Difficult					
Bloom's Taxonomy				Remembering	Understanding	Applying	Analyzing	Evaluating	Creating
Topics and Competencies	Content	Weight	No. of Item						
The examinee can perform the following competencies under each topic:									
<b>A. Safe Patient Care Competencies</b>	<b>Concepts of Mental Health and Mental Illness</b>	<b>20</b>	<b>20</b>	<b>4</b>	<b>3</b>	<b>11</b>	<b>2</b>		
1. Apply knowledge of physical, social, natural and health sciences and humanities in the practice of nursing.	A. State of Mental Health in the Philippines 1. Mental Health Care Delivery System	5	5	1	1	3			
	B. Psychobiologic Bases of Behavior 1. Neuroscience – Neuroanatomy/Physiology 2. Concepts and Patterns of Human Behavior 3. Global and Regional Perspectives on Mental Health								
	C. Therapeutic Models and its Relevance to Nursing Practice 1. Psychoanalytic Model 2. Developmental Model 2.1. Erik Erikson 3. Interpersonal Models 3.1. Harry Stack Sullivan	5	5		1	3	1		



	3.2. Hildegard Peplau 4. Cognitive Model 4.1. Jean Piaget 4.2. Aaron Beck 5. Cognitive Therapy 6. Stress Models  D. Understanding Stress 1. Acute and Long Term Effects of Stress 2. General Adaptation Syndrome (GAS) 3. Measuring Stress & Coping Styles  E. Psychopathology: Etiology and Psychodynamics 1. Disturbances in Thought/Content Process: Schizophrenia And Other Psychosis 2. Anxiety Disorder 3. Mood Disorders 4. Personality Disorders 5. Cognitive Disorders 6. Eating Disorders 7. Sexual Disorders 8. Substance Related 9. Disorders in Childhood Adolescents 10. Domestic Violence	10	10	3	1	5	1	
	Nursing Process in Psychiatric – Mental Health Care	30	30	2	6	15	5	2
2. Perform safe, appropriate, and holistic care to individuals, families, population groups and community utilizing nursing process	A. Assessment 1. Subjective Data 2. Objective Data  B. Nursing Diagnosis 1. NANDA Taxonomy 2. Diagnosis DSM IV/V  C. Planning and Implementation of Care 1. Nurse Client Relationship 1.1. Orientation Stage	5	5		1	3	1	
		5	5		1	3	1	
		5	5		1	3	1	



	1.2. Working Stage 1.3. Termination Stage 2. Mental Health Gap Action Programme (mhGAP) 2.1. Depressive Disorder (DEP) 2.2. Post-Traumatic Stress Disorder (PTSD) 2.3. Psychosis (PSY) 2.4. Epilepsy/Seizures (EPI) 2.5. Intellectual Disability (ID) 2.6. Suicide (SUI)	5	5	1	1	2		1	
	D. Treatment Modalities 1. Somatic Therapies 1.1. Electroconvulsive Therapy 1.2. Alternative Complementary Therapy 2. Psychotherapies 3. Behavioral Therapies 4. Cognitive Therapies 5. Milieu Therapy/Therapeutic Milieu 6. Art Therapy 7. Dance/Music Therapy 8. Attitude Therapies 9. Psycho Pharmacology 9.1. Antipsychotics 9.2. Anti-anxiety or Anxiolytic 9.3. Anti-depressants 9.4. Lithium or Mood Stabilizer 10. Complementary and Alternative Therapy 11. Nutrition and Diet Therapy	5	5	1	1	2		1	
	E. Evaluation of Care 1. Outcome Based	5	5		1	2	2		
	<b>Concepts on Acute Biologic Crisis</b>	<b>30</b>	<b>30</b>	<b>4</b>	<b>6</b>	<b>13</b>	<b>6</b>	<b>1</b>	
	A. Care of Clients with Altered Ventilatory Function 1. Pulmonary Embolism 2. Acute Respiratory Distress Syndrome 3. Acute Lung Injury	5	5		1	3	1		



	<ul style="list-style-type: none"> <li>4. Respiratory Failure</li> <li>5. Pneumonia Ventilator Acquired</li> <li>6. Respiratory Pandemics</li> <li>7. Pulmonary Hypertension</li> <li>8. Pneumothorax</li> </ul>							
	B. Care of Clients with Altered Tissue Perfusion <ul style="list-style-type: none"> <li>1. Acute Ischemic Heart Disease</li> <li>2. Heart Failure</li> <li>3. Cardiogenic Shock</li> <li>4. Coronary Arterial Disease</li> <li>5. Hypertensive Crisis</li> <li>6. Cardiomyopathy</li> <li>7. Arrhythmias</li> </ul>	5	5	1	1	2	1	
	C. Care of Clients with Altered Elimination <ul style="list-style-type: none"> <li>1. Acute GL Bleeding</li> <li>2. Intra-Abdominal Hypertension</li> <li>3. Abdominal Compartment Syndrome</li> <li>4. Liver Failure</li> <li>5. Acute Pancreatitis</li> <li>6. Diabetic Ketoacidosis</li> <li>7. Hyperglycemia</li> <li>8. Hyperosmolar Non-Ketotic Acidosis</li> <li>9. Renal Failure (Acute)</li> </ul>	5	5	1	1	3		
	D. Care of Clients with Altered Perception <ul style="list-style-type: none"> <li>1. Traumatic Alterations</li> <li>2. Acute Ischemic Stroke</li> <li>3. Traumatic Spinal Cord Injury</li> <li>4. Seizures</li> </ul>	5	5		1	2	1	1
	E. Care of Clients with Multi-System Problem <ul style="list-style-type: none"> <li>1. Shock</li> <li>2. Systemic Inflammatory Responses Syndrome (SIRS)</li> <li>3. Multi-Organ Dysfunction Syndrome (MODS)</li> </ul>	5	5	1	1	2	1	



	F. Care of Clients with high Acuity & Emergency Situation Medical Emergencies 1. Airway, Breathing, Circulation (ABC) 1.1. Foreign Body Obstruction 1.2. Inhalation Injury 1.3. Thoracic Emergency 1.4. Trauma 1.5. Cardiac Arrest 1.6. External Hemorrhage 2. Disability 2.1. Head Injury 2.2. Stroke 3. Environmental Emergency 3.1. Heat Related Emergencies 3.2. Submersion Injuries 3.3. Poisoning 3.4. Drowning and Near Drowning 3.5. Diving 3.6. Lightning	5	5	1	1	1	2		
<b>B. Enhancing, Empowering, Enabling Concepts</b>		20	20	4	3	7	4	2	
5. Communicate effectively in speaking, writing and presenting using culturally-appropriate language.	A. Nurse Client Communication 1. Components of Therapeutic Communication 2. Modes of Communication 3. Types of Communication	5	5	1		2	1	1	
6. Report/document client care accurately and comprehensively.	A. Documentation in Psychiatric Nursing Practice 1. Elements of Documentation 2. Methods of Charting	5	5	1	1	2	1		
7. Work effectively in collaboration with inter-, intra-, and multi-disciplinary and multi-cultural teams.	A. Concepts on Collaboration and Teamwork	5	5	1	1	2	1		
12. Apply techno-intelligent care systems and processes in health care delivery.	A. Equipment used for acute, high acuity and emergency cases 1. CPR Machine 2. Ventilator 3. Dialysis Machine 4. ABG Analysis Machine	5	5	1	1	1	1	1	



	5. TPN								
Total		100	100	14	18	46	17	5	